

Bethlehem, PA | Denise Pollack Counseling

Description:

I offer psychotherapy services to individuals and families. I specialize in counseling adolescents, college students, and young adults. I also counsel many professional men and women. If you are a complicated person, it may be too much to expect family and friends to listen, understand and help you sort things out. Stress and anxiety do not have to govern your life. As a highly trained professional, my job is to be objective and guide you toward finding better ways to cope with difficulties. My clients report improved mood, less anxiety, more satisfaction in relationships, and progress in reaching their goals.

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