

Ashley Schenkel, M.S.

Description:

Is lack of trust creating problems in your relationship? I'd like to help. Many couples get into a repetitive cycle of arguing and feeling like nothing ever changes or is resolved.

I help couples hear what is really being said in the arguments, move past the anger, and begin to re-connect with one another. Are you missing those safe, comfortable feelings you once had around your partner? We can re-create those feelings.

Call me with any questions, I'd love to help you start improving your relationship!

www.ashleyschenkel.com

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